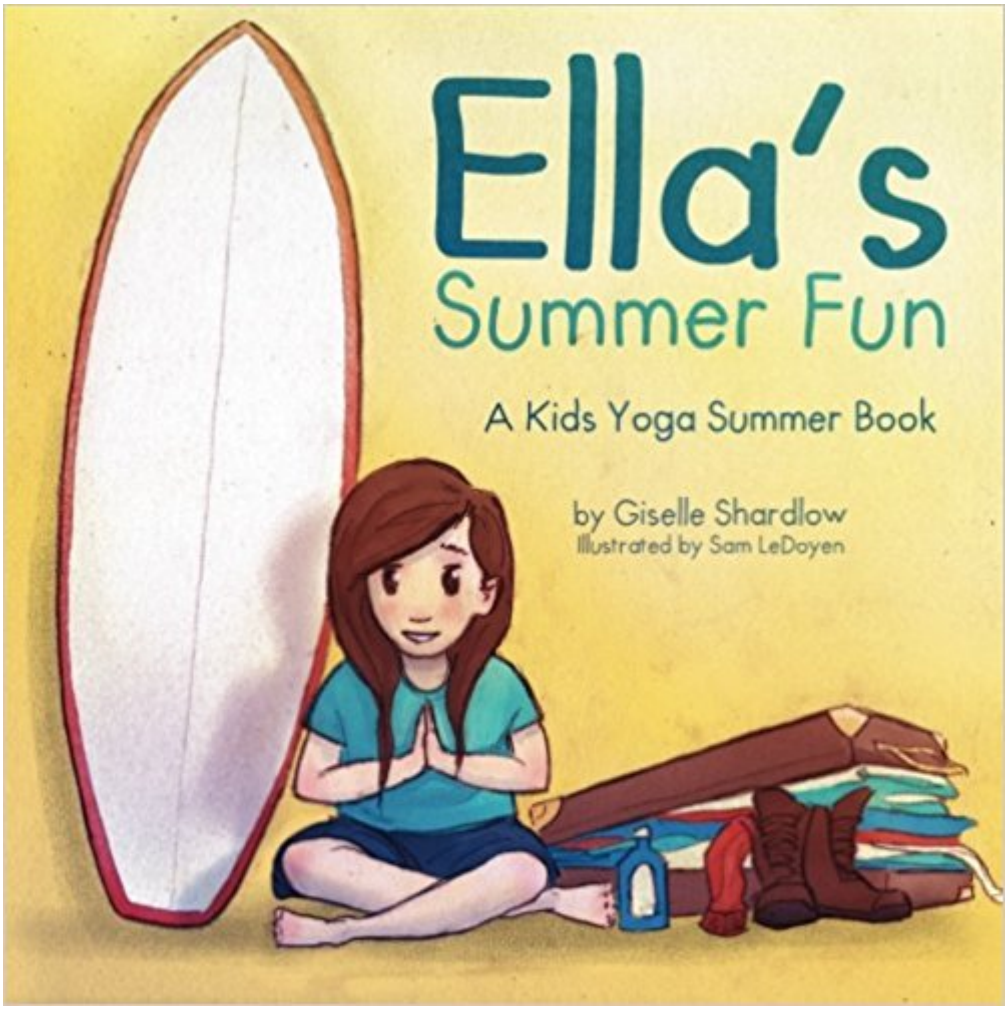
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# Ella's Summer Fun: A Kids Yoga Summer Book




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## Synopsis

Discover yoga while acting out your favorite summer activities! Join Ella as she experiences a week full of fun summer activities with her grandparents. Be a surfer, skater, and swimmer. Discover summer, explore movement, and learn the days of the week. The storybook includes a list of kids yoga poses and a parent-teacher guide. Kids Yoga Stories introduce you to engaging characters who will get your child laughing, moving, and creating. Reading is good for the mind AND body! The story links several yoga poses in a specific sequence to create a coherent and meaningful story. This summer yoga story for ages 3 to 6 is more than a storybook, but itÃ¢â ¬â„¢s also a unique experience for children.

## Book Information

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Average Customer Review: 5.0 out of 5 stars 2 customer reviews

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## Customer Reviews

I have introduced Ella's Summer Fun to kids yoga classes manytimes. Kids are simply mesmerized by the story and the colourfulpictures. They love to follow yoga poses suggested by the author,Giselle Shardlow! It's a precious little book and I suggest it toteachers who would like to introduce yoga to little ones. - Gabriella (kids yoga teacher)My daughter Ella has minor CP and therapists just keep saying to doyoga, but she has always really disliked it. So I found this book withher name on it and she was so happy. She does her yoga on occasionwithout being asked. We have exercise time each day and she chooses todo her book. So that's success! - Kellie (mother)I have been using Ella's Summer Fun in my Community in theSchools summer programs. I love the format. Kids easily relate to allthe activities and the yoga poses go along well with each day's events. I like the illustrations as well. Great book for kids! - Jenny (teacher)

Giselle Shardlow draws from her experiences as a teacher, traveler, mother, and yogi to write her yoga stories for kids. The purpose of her yoga books is to foster happy, healthy, and globally educated children. She lives in Boston with her husband and daughter.

I use this book in my kids yoga class and the children love it! I have several of Giselle Shardlow's books and they are all great! They are the perfect length (not too long or short) and they keep the children's interest.

We love Ella's Sunner Fun! The kids ask for it over and over. My summer classes just wouldn't be the same without it! Thanks so much Giselle!

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